

UCCS WOMEN'S INDOOR TRACK AND FIELD RECORDS AND TOP 5 LISTS

The Track & Field Program was started in 1999

All Championship events are converted to a 200m banked track

EVENT	NAME	TIME	DATE ACHIEVED
55M			
55HH			
60M	Ailena McDonald	8.30	2011
	Alexa Urban	8.34	2011
	Ashley Benfield	8.36	2011
	Offune Edoziem	8.38	2003
	Dawn Eckert	8.40	2011
60 HH	Chelsey Peterson	9.57	2003
	Jess Axen	9.72	2003
	Josi Heer	9.75	2008
	Robyn Burkhardt	9.95	2002
	Ashley Benfield	10.03	2011
200M	Kaitlyn Marsolek	26.87	2005
	Emily Weeks	27.02	2011
	Rebecca Wein	27.09	2007
	Ashley Benfield	27.16	2011
	Dawn Eckert	27.17	2011
300M	Alexa Urban	42.60	2011
	Dawn Eckert	43.23	2011
	Jenny Hunt	43.68	2009
	Joni Raile	44.20	2009
	Jessica Luna	45.21	2011

400M	Ashley Benfield	59.08	2011
	Kelsey Barry	59.31	2009
	Jessica Hudson	59.40	2008
	Alexa Urban	59.55	2011
	Dawn Eckert	60.22	2009
600 yards	Alexa Urban	01:31.53	2011
	Kelsey Barry	01:31.62	2009
	Ashley Benfield	01:32.88	2011
	Kylie Honingford	01:33.35	2009
	Tracy Falsetto	01:33.41	2009
600M	Alexa Urban	01:37.20	2011
	Ashley Benfield	01:41.02	2011
	Kelsey Barry	01:41.54	2010
	Kylie Honingford	01:41.74	2009
	Tracy Falsetto	01:42.86	2010
800M	Kelsey Barry	02:16.34	2010
	Alexa Urban	02:19.22	2011
	Tracy Falsetto	02:21.39	2010
	Melissa McKinley	02:21.62	2009
	Kylie Honingford	02:22.29	2009
1000m	Kelsey Barry	03:07.78	2010
	Lauren Bowers	03:12.59	2009
	Melissa Buchanan	03:13.86	2011
	Kait Frier	03:14.18	2011
	Sara Kettelkamp	03:15.61	2011
1 MILE	Maddi Bosen	05:03.70	2002
	Shannon Payne	05:09.91	2006
	Sarah Shepard	05:11.95	2007
	Tina Gray	05:12.38	2005
	Amanda Occhi	05:15.04	2002
3000m	Shannon Payne	10:01.85	2006
	Maddi Bosen	10:12.15	2001
	Sarah Shepard	10:12.81	2007
	Sarah Gray	10:19.93	2002
	Tina Gray	10:22.96	2004
5000m	Shannon Payne	16:58.88	2006

	Amanda Occhi	17:10.58	2002
	Sarah Shepard	17:11.56	2007
	Maddi Bosen	17:42.10	2002
	Tina Gray	17:44.03	2005
4 x 200m	Jenny Hunt	01:51.76	2009
	Dawn Eckert		
	Joni Raile		
	Jessica Luna		
4 x 400m	Ashley Benfield	04:01.63	2011
	Alexa Urban		
	Brianna Alley		
	Dawn Eckert		
DMR	Sarah Shepard	12:13.81	2005
	Tiffany Flint		
	Ashley Birger		
	Tina Gray		
Pentathlon	Josi Heer	2872	2008
	Alli Watson	2275	2011
	Jenny Hunt	1667	2008
Shot Put	Erica Russell	11.00m	2001
	Jennifer Callan	10.45m	2008
	Danielle Clasby	9.43m	2007
	Kimsey Cornelison	9.05m	2001
	Josi Heer	8.40m	2008
Weight Throw	Jennifer Callan	13.77m	2009
Long Jump	Emily Weeks	5.21m	2011
	Ailena McDonald	5.00m	2009/2010/2011
	Josi Heer	4.99m	2008
	Cherdaria Mack	4.89m	2006
	Cheutney Ellerton	4.74m	2006

Triple Jump	Chelsie Overocker	11.52m	2011
	Ailena McDonald	10.12m	2010
	Danielle Clasby	9.94m	2007
	Cheutney Ellerton	9.66m	2006
High Jump	Erika Cushnie	1.67m	2011
	Heidi Fehringer	1.60m	2007
	Robyn Burkhardt	1.57m	2003
	Kendra Miller	1.57m	2001
	Cori Brevor	1.51m	2007
Pole Vault	Lauren Graham	4.06m	2011
	Teagan Hughes	2.90m	2011
	Jessica Axen	2.61m	2003

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EVENT	NAME	TIME	DATE ACHIEVED
55M	David Mueller	6.58	2009
55HH	Brian Hopkins	8.33	2009
60M	Oluwadamildl Oladiran	7.03	2010
	Anthony Cardinale	7.07	2011
	David Mueller	7.11	2009
	Jonathan Wright	7.13	2011
	Colby Elliott	7.20	2011
60 HH	Colby Elliott	8.67	2011
	Jake Nebelsick	8.85	2010
	Brian Hopkins	8.88	2011
	Matt Feola	8.90	2011
	Kevin Wood	9.11	2009
200M	Jonathan Wright	22.49	2011
	David Mueller	22.58	2009
	Oluwadamildl Oladiran	22.80	2010
	Mark Brehm	22.87	2005
	Jason Shaver	23.00	2011
300M	Colby Elliott	35.56	2011
	Jon Christian	36.12	2011
	Jonathan Wright	36.39	2011
	Will Pendarvis	36.54	2009
	Alan Ford	36.68	2011
400M	Jonathan Wright	48.51	2011

	Colby Elliott	49.94	2011
	Alan Ford	50.55	2011
	Jon Christian	50.68	2011
	William Pendarvis	51.04	2008
600 yards	Jonathan Wright	01:12.96	2011
	Alex Vazquez	01:15.10	2009
	Anthony Davis	01:15.37	2011
	Travis Whitman	01:16.06	2011
	David Mueller	01:16.45	2009
600M	Jonathan Wright	01:23.06	2011
	Anthony Davis	01:23.21	2011
	Alex Vazquez	01:23.61	2010
	Travis Whitman	01:25.48	2011
	Chris Ullom	01:25.62	2011
800M	Moses Tum	01:53.07	2003
	David Harmer	01:53.43	2007
	Alex Vazquez	01:54.42	2010
	Chris Reynolds	01:54.43	2010
	Paul Mann	01:55.68	2003
1000m	Chris Reynolds	02:30.18	2010
	Alex Vazquez	02:31.15	2010
	Seth Bott	02:32.10	2010
	Matt Winfrey	02:36.01	2011
	Sean Turner	02:38.53	2011
1 MILE	Moses Tum	04:08.89	2004
	Aaron Rubalcaba-Lopez	04:18.38	2007
	Paul Mann	04:18.89	2003
	Alex Tiernan	04:19.36	2009
	Chris Reynolds	04:19.56	2010
3000m	Trent Briney	08:24.25	2001
	Moses Tum	08:26.50	2003
	Mike English	08:38.06	2011
	Aaron Rubalcaba-Lopez	08:42.13	2007
	Levi Brathall	08:43.00	2004
5000m	Trent Briney	14:22.60	2001
	Levi Brathall	14:35.68	2005

	Aaron Rubalcaba-Lopez	14:49.41	2007
	Adolfo Carrillo	14:52.44	2002
	Brad Winn	14:57.18	2006
4 x 200m	Will Pendarvis	01:34.47	2009
	David Mueller		
	Jason Shaver		
	Brian Hopkins		
4 x 400m	Jonathan Wright	03:22.10	2011
	Jon Christian		
	Jason Shaver		
	Alan Ford		
DMR	Chris Reynolds	10:11.85	2009
	David Mueller		
	Alex Vazquez		
	Alex Tiernan		
Heptathlon	Colby Elliot	4747	2011
	Brian Hopkins	4605	2011
	Canyon Parcell	4256	2011
	Mitch Jones	3944	2010
	Mark Santon	3598	2010
Shot Put	Craig Galaydick	11.83m	2002
	Canyon Parcell	11.76m	2011
	Trevor Nau	11.62m	2008
	Brian Hopkins	11.56m	2011
	Preston Williams	11.52m	2010
Weight Throw	Preston Williams	13.10m	2010
	Trevor Nau	12.47m	2009
Long Jump	Anthony Cardinale	6.96m	2011
	Rick Rimbart	6.63m	2009
	Storm Allen	6.60m	2007
	Robert McDougal	6.55m	2011
	Brian Hopkins	6.51m	2009
	Mitch Jones	6.51m	2011

Triple Jump	Anthony Cardinale	13.88m	2010
	Storm Allen	13.82m	2007
	Brian Hopkins	13.19m	2009
	Rick Rimbert	13.11m	2009
	Canyon Parcell	12.80m	2011
High Jump	Steven Gomez	2.14m	2010
	Storm Allen	2.04m	2007
	Michael Souza	2.00m	2011
	Colby Elliot	1.93m	2011
	Brian Hopkins	1.90m	2009
Pole Vault	Joel Fraser	4.50m	2010
	Chris Myers	4.06m	2011
	Brian Hopkins	4.05m	2010/2011
	Ian Melcher	4.01m	2003
	Canyon Parcell	3.70m	2011

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EVENT	NAME	TIME	DATE ACHIEVED
100M	Cheutney Ellerton	12.83	2006
	Sarah Philips	13.01	2001
	Chelsey Peterson	13.19	2002
	Julia Saenz	13.28	2009
	Cherdaria Mack	13.37	2005
100HH	Chelsey Peterson	15.61	2002
	Robyn Burkhardt	15.68	2002
	Jessica Axen	15.99	2003
	Josi Heer	16.69	2008
	Alli Watson	17.09	2011
200M	Cherdaria Mack	26.11	2006
	Kaitlyn Marsolek	26.27	2005
	Emily Weeks	26.57	2011
	Tiffany Flint	26.61	2004
	Alexa Urban	26.82	2011
400M	Ashley Benfield	58.52	2011
	Tiffany Flint	58.99	2003
	Alexa Urban	59.17	2011
	Kelsey Barry	59.78	2010
	Kylie Honingford	59.78	2009
400M Hurdles	Ashley Benfield	63.35	2011
	Robyn Burkhardt	65.43	2002
	Tiffany Flint	67.87	2005
	Jessica Hudson	68.50	2006
	Kelsey Barry	69.49	2008
800M	Kelsey Barry	02:14.93	2010
	Alexa Urban	02:15.38	2011
	Tracy Falsetto	02:18.28	2010
	Ashley Benfield	02:20.74	2011
	Melissa McKinley	02:21.00	2008

1500m	Ashley Birger	04:42.55	2006
	Maddi Bosen	04:43.94	2001
	Shannon Payne	04:44.14	2007
	Sarah Shepard	04:45.64	2005
	Tina Gray	04:46.32	2004

1 Mile

3000m	Maddi Bosen	09:42.26	2001
	Shannon Payne	09:58.08	2007
	Amanda Occhi	10:09.44	2002
	Sarah Shepard	10:12.16	2005
	Deanna Kerl	10:21.79	1999

3000m Steeplechase	Sarah Gray*	10:40.37	2001
	Tina Gray	10:49.10	2004
	Sarah Shepard	10:55.67	2005
	Ashley Birger	11:02.19	2006
	Jenna Dorsey-Spitz	11:24.32	2007

* Short pit prior to 2004

5000m	Shannon Payne	17:11.28	2006
	Amanda Occhi	17:17.14	2002
	Maddi Bosen	17:29.49	2002
	Sarah Vigil	17:50.88	2003
	Megan Lund	18:02.04	2003

10,000m	Amanda Occhi	34:42.43	2002
	Shannon Payne	35:45.50	2008
	Maddi Bosen	36:06.85	2002
	Kelly Smith	36:11.35	2004
	Jennifer Ziemer	37:09.35	2000

4 x 100m	Emi Weeks	49.56	2011
	Brianna Alley		
	Alena Hartman		
	Dawn Eckert		

4 x 400m	Ashley Benfield	03:56.62	2011
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	Alexa Urban Emi Weeks Dawn Eckert		
4 x 800m	Kaitlin Frier Tracy Falcetto Vivian Reed Paige Hall	10:18.48	2008
4 x mile			
SMR	Josi Heer Amanda Stoesz Kelsey Barry Melissa McKinley	04:22.37	2008
Heptathlon	Josi Heer Ailena McDonald Jess Luna Alli Watson	3775 3114 2936 2837	2008 2011 2011 2011
Shot Put	Erica Russell Jennifer Callan Danielle Clasby Kimsey Cornelison Cori Brevor	11.33 11.02 9.18 9.00 9.00	2001 2008 2007 2000 2007
Hammer	Jennifer Callan	38.10	2009
Discus	Jennifer Callan Erica Russell Kimsey Cornelison	39.34 36.81 26.77	2009 2001 2001
Javelin	Ericka Cushnie Molly Crockett Cori Brevor Lindsey Stich	31.42 31.32 28.39 24.52	2011 2011 2007 2011

	Josi Heer	23.93	2008
Long Jump	Emi Weeks	5.36	2011
	Ailena McDonald	5.13	2009
	Josi Heer	5.00	2008
	Allison Wood	5.00	2002
	Cherdaria Mack	4.86	2005
Triple Jump	Chelsie Overocker	11.52	2011
	Josi Heer	10.43	2009
	Ailena McDonald	10.34	2009
	Cheutney Ellerton	10.33	2006
	Allison Wood	10.19	2002
High Jump	Ericka Cushnie	1.63	2011
	Robyn Burkhardt	1.60	2002
	Kendra Miller	1.55	2001
	Chelsie Overocker	1.53	2011
	Heidi Fehringer	1.50	2007
Pole Vault	Lauren Graham	4.05m	2011
	Teagan Hughes	2.80m	2011

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EVENT	NAME	TIME	DATE ACHIEVED
100M	Oluwadamildl Oladiran	10.96	2010
	Kyle Reid	11.10	2004
	David Mueller	11.12	2009
	Jason Shaver	11.14	2011
	Jonathan Wright	11.18	2011
110 HH	Matthew Feola	15.62	2011
	Brian Hopkins	15.74	2011
	Mitch Jones	16.55	2011
	Josh Jones	17.02	2009
	Rick Rimbert	17.65	2009
200M	Jason Shaver	22.09	2011
	David Mueller	22.23	2009
	Jonathan Wright	22.37	2011
	Oluwadamildl Oladiran	22.40	2009
	Mark Brehm	22.57	2005
400M	Jonathan Wright	48.49	2011
	David Mueller	49.12	2009
	Marc Hensley	49.51	2011
	Alan Ford	49.70	2011
	Jon Christian	49.94	2010
400M Hurdles	Brian Hopkins	58.14	2009
	Alex Tiernan	58.54	2008
	Steve Prefors	59.80	2005
	Ian Melcher	62.00	2003
	Mark Santon	62.12	2010
800M	Moses Tum	01:50.68	2005
	David Harmer	01:52.50	2006
	Alex Vazquez	01:53.05	2008
	Chris Reynolds	01:53.76	2011
	Anthony Davis	01:54.22	2011

1500m	Moses Tum	03:46.30	2005
	Paul Mann	03:52.36	2002
	David Harmer	03:55.40	2006
	Trent Briney	03:57.25	2001
	Matt Winfrey	03:57.51	2011

1 Mile

3000m	Aaron Rubalcaba-Lopez	08:38.04	2006
	Michael English	08:44.30	2011
	Ryan Derrick	08:50.99	2011
	Jay Luna	08:52.41	2006
	David Harmer	08:56.28	2006

3000m Steeplechase	Brad Winn	09:15.39	2006
	Alex Tiernan	09:30.18	2009
	Adam Greene	09:31.28	2002
	Adolfo Carrillo	09:33.95	2002
	Paul Mann	09:34.88	2004

5000m	Trent Briney	14:29.67	2001
	Levi Brathall	14:39.53	2004
	Moses Tum	14:45.59	2004
	Aaron Rubalcaba-Lopez	14:54.94	2005
	Adolfo Carrillo	15:09.67	2002

10,000m	Trent Briney	29:12.75	2001
	Levi Brathall	29:50.24	2004
	Adolfo Carrillo	30:39.45	2002
	Aaron Rubalcaba-Lopez	31:20.48	2005
	Ryan Price	31:29.67	2006

4 x 100m	Alex Vazquez	42.46	2010
	Anthony Cardinale		
	Jason Shaver		
	Oluwadamidi Oladiran		

4 x 400m	Alan Ford	03:16.69	2011
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**Travis Whitman
Marc Hensley
Jonathan Wright**

4 x 800m

4 x mile **Dan Pinter** **17:59.13** **2008**
Branson Bartlett
Chris Reynolds
Alex Tiernan

SMR **William Pendarvis** **03:36.92** **2008**
Alex Vazquez
Jason Shaver
Almir Hodzic

Decathlon **Brian Hopkins** **6178** **2011**
Rick Rimbart **5131** **2009**
Mitch Jones **4868** **2010**
Carl Lum **4561** **2008**

Shot Put **Craig Galaydick** **12.31** **2002**
Blake Hansen **11.2** **2008**
Adam Felkey **10.97** **2001**
Brian Hopkins **10.95** **2011**
Preston Williams **10.93** **2007**

Hammer **Trevor Nau** **37.80** **2009**
Preston Williams **37.53** **2010**

Discus **Craig Galaydick** **50.43** **2003**
Preston Williams **38.23** **2008**
Adam Felkey **36.31** **2001**
Trevor Nau **34.17** **2009**
Brian Hopkins **30.51** **2011**

Javelin **Trevor Nau** **51.26** **2008**
Brian Hopkins **47.32** **2011**
Rick Rimbart **44.40** **2009**
Canyon Parcell **43.62** **2011**
Mark Brehm **43.02** **2006**

Long Jump	Anthony Cardinale	7.22	2011
	Robert McDougal	6.69	2011
	Grant Vaskey	6.64	2003
	Chase Richards	6.51	2011
	Rick Rimbart	6.43	2009
Triple Jump	Anthony Cardinale	13.35	2011
	Chad Lenz	12.47	2006
	Mark Santon	12.27	2010
	Colton Davis	12.26	2003
	Robert McDougal	11.94	2011
High Jump	Steven Gomez	2.15	2010
	Storm Allen	2.07	2007
	Brian Hopkins	1.89	2009
	Rick Rimbart	1.84	2009
	Mitch Jones	1.79	2010
Pole Vault	Joel Fraser	4.25	2010
	Brian Hopkins	4.05	2009
	Chris Myers	4.05	2011
	Ian Melcher	3.81	2003
	Mitch Jones	3.13	2010

UCCS Track and Field All-RMAC and NCAA II All-Americans (the track & field program was started in 1999) All-RMAC Team Performances

(Through 2005 the All-RMAC team was just the top three finishers at the RMAC Championships in each event and the first place relay. In 2006 they changed to 1st-3rd place finishes for first team All-RMAC and 4th-6th place finishers for second team All-RMAC and the 1st place relay for first team All-RMAC and second place relay for second team All-RMAC. In 2009 they changed the format to 1st-2nd place finishers for first team All-RMAC, 3rd-4th for second team All-RMAC, 5th-6th for third team All-RMAC and 1st, 2nd, 3rd place relays for 1st team, 2nd team and 3rd team All-RMAC.)

1999

Outdoor Men

Trent Briney 10,000m 3rd

2000

Outdoor Men

Trent Briney 5000m 3rd

2001

Indoor

Trent Briney 5000m 2nd

Outdoor

Sarah Gray 3000m steeplechase 2nd

2002

Outdoor

Maddi Bosen 5000m 3rd

Kelly Smith 10,000m 2nd

Robin Burkhart 400m Hurdles 3rd

Tina Gray 3000m steeplechase 2nd

2003

Indoor

Did not compete

Outdoor

Kelly Smith 10,000m 3rd

Tina Gray 3000m steeplechase 1st

2004

Indoor

Moses Tum Mile 1st

Outdoor

Moses Tum 800m 3rd

Brad Winn 3000m steeplechase 3rd

Tiffany Flint 400m 3rd

Kelly Smith 5000m 3rd

Tina Gray 3000m steeplechase 2nd

2005

Indoor

Shannon Payne 5000m 3rd

Outdoor

Shannon Payne 5000m 2nd

Sarah Shepard 3000m steeplechase 3rd

Moses Tum 800m 3rd

Aaron Rubacalba-Lopez 10,000m 3rd

Craig Galaydick Discus 2nd

2006

Indoor

David Harmer 800m 2nd
Shannon Payne 3000m 4th
Sarah Shepard 3000m 5th
Outdoor
Shannon Payne 3000m 3rd
Ashley Birger 3000m steeplechase 2nd
Ryan Price 10,000m 5th

2007

Indoor

Sarah Shepard 3000m 2nd
David Harmer 800m 5th
Aaron Rubacalba-Lopez 5000m 5th
Storm Allen 5th

Outdoor

Jenna Dorsey-Spitz 3000m steeplechase 5th
Shannon Payne 5000m 1st
Shannon Payne 3000m 2nd
Jenna Dorsey-Spitz 1500m 4th
Kelsey Barry 400m 5th
Storm Allen High Jump 4th

2008

Indoor -7

Melissa McKinley -800m 5th
Shannon Payne - 5000m 2nd
Shannon Payne - 3000m 3rd
Jessica Hudson - 400m 3rd
Josi Heer - Pentathlon 3rd
Alex Vazquez - 800m 6th
Carl Lum - Heptathlon 6th

Outdoor - 8

Kaitlin Frier - 5000m 3rd
Trevor Nau - Javelin 3rd
Gabe Small - 10,000 5th
Kelsey Barry - 800m 6th
Josi Heer - Heptathlon 5th
Josi Heer - Triple Jump 6th
Alex Tiernan - 400m hurdles 6th
Shannon Payne - 5000m 1st

2009

Indoor - 9

Alex Vazquez - 800m 5th
Chris Reynolds - 800m 6th
Brian Hopkins - Heptathlon 3rd
Steven Gomez - High Jump 2nd
David Mueller - 55m 4th
David Mueller - 200m 6th
Shannon Payne - 5000m 2nd
Kaitlin Frier - 3000m 6th
Kelsey Barry - 800m 5th

Outdoor - 12

David Mueller - 200m 4th
David Mueller - 400m 5th
Oluwadamidi Oladiran - 100m 4th
Oluwadamidi Oladiran - 200m 6th
Kylie Honigford - 400m 5th
Alex Vazquez - 800m 4th
Kelsey Barry - 800m 4th

Tracey Falsetto - 800m 6th
Rick Rimbart - Decathlon 5th
Brian Hopkins - Decathlon 2nd
Kaitlin Frier - 3000m Steeplechase 6th
Steven Gomez - High Jump 2nd place

2010

Indoor - 10

Brian Hopkins - Heptathlon 2nd
Steven Gomez - High Jump 1st
Alex Vazquez - 4x400 Relay 1st
Jon Christian - 4x400 Relay 1st
Jason Shaver - 4x400 Relay 1st
Chris Reynolds - 4x400 Relay 1st
Mitch Jones - Heptathlon 5th
Joel Fraser - Pole Vault 3rd
Oluwadamidi Oladiran - 60m 4th
Lauren Graham - Pole Vault 2nd

Outdoor - 9

Brian Hopkins - Decathlon 4th
Brian Hopkins - Pole Vault 5th
Steven Gomez - High Jump 3rd
Lauren Graham - Pole Vault 1st
Ashley Benfield - 400m Hurdles 2nd
Anthony Cardinale - Long Jump 1st
Jon Christian - 400m 6th
Kelsey Barry - 800m 3rd
Tracey Falsetto - 800m 6th

2011

Indoor - 15

Brian Hopkins - Heptathlon 2nd
Canyon Parcell - Heptathlon 6th
Jon Wright - 4x400 Relay 2nd
Jon Christian - 4x400 Relay 2nd
Travis Whitman - 4x400 Relay 2nd
Alan Ford - 4x400 Relay 2nd
Alexa Urban - 800m 5th
Anthony Davis - 800m - 5th
Jon Wright - 400m 1st
Ashley Benfield - 400m - 5th
Chelsie Overocker - Triple Jump - 4th
Lauren Graham - Pole Vault 1st
Erika Cushnie - High Jump - 3rd
Anthony Cardinale - Long Jump 6th
Kait Frier - 5000m - 5th

Outdoor - 12

Lauren Graham - Pole Vault 1st
Brian Hopkins - Decathlon 3rd
Ashley Benfield - 400m Hurdles 3rd
Alexa Urban - 800m 3rd
Anthony Cardinale - Long Jump 5th
Chelsie Overocker - Triple Jump - 4th
Jon Wright - 4x400 2nd
Marc Hensley - 4x400 2nd
Travis Whitman - 4x400 2nd
Alan Ford - 4x400 2nd
Kait Frier - 10,000m - 5th
Mitch Jones - Decathlon - 6th

UCCS Track and Field USTFCCCA All-Central Region (started in 2011)

2011 Indoor

Jon Wright - 400m

Lauren Graham - Pole Vault

Erika Cushnie - High Jump

2011 Outdoor

Anthony Cardinale - Long Jump

Lauren Graham - Pole Vault

Ashley Benfield - 400m H

Alexa Urban 800m

Chelsea Overocker - Triple Jump

Marc Hensley - 4x400m relay

Ford - 4x400m

relay

Whitman - 4x400m relay

Wright - 4x400m relay

NCAA II All-Americans

(Top eight finishers at the NCAA Championships make All-American)

2000

Outdoor

Trent Briney 10,000m 4th

2001

Indoor

Trent Briney 5000m 4th

Outdoor

Trent Briney 10,000m 2nd

2002

Indoor

Amanda Occhi 5000m 6th

Outdoor

Maddi Bosen 5000m 8th

2003

Outdoor

Tina Gray 3000m steeplechase 5th

Levi Brathal 10,000m 7th

2004

Outdoor

Tina Gray 3000m steeplechase 6th

Moses Tum 800m 6th

2005

Outdoor

Moses Tum 800m 6th

Moses Tum 1500m 1st

Shannon Payne 10,000m 8th

Sarah Shepard 3000m steeplechase 7th

2006

Outdoor

Ashley Birger 3000m steeplechase 6th

2007

Indoor

Sarah Shepard 5000m 8th

Outdoor

Shannon Payne 3000m 7th

2008

Outdoor

Shannon Payne 10,000m 4th

2009

Indoor

Steven Gomez High Jump 7th

2010

Outdoor

Lauren Graham Pole Vault 5th

2011

Indoor

Lauren Graham Pole Vault 2nd

Outdoor

Lauren Graham Pole Vault 6th