

# UCCS WOMEN'S OUTDOOR TRACK AND FIELD RECORDS AND TOP 5 LISTS

The Track & Field Program was started in 1999

All Records are converted to sea level

EVENT	NAME	TIME	DATE ACHIEVED
<b>100M</b>	Cheutney Ellerton	12.87	2006
	Sarah Philips	13.08	2001
	Cherdaria Mack	13.33	2005
	Whitney Knobbe	13.38	2007
	Chelsey Peterson	13.56	2002
<b>100HH</b>	Chelsey Peterson	15.67	2002
	Robyn Burkhardt	15.76	2002
	Jessica Axen	16.13	2003
	<b>Josi Heer</b>	<b>16.69</b>	<b>2008</b>
	Devone Mizak	17.78	2002
<b>200M</b>	Cherdaria Mack	26.11	2006
	Kaitlyn Marsolek	26.27	2005
	Tiffany Flint	26.61	2004
	Kelsey Barry	26.82	2007
	Rebecca Wein	26.92	2007
<b>400M</b>	Tiffany Flint	59.13	2003
	Kaitlyn Marsolek	59.78	2005
	Kelsey Barry	60.10	2007
	<b>Amanda Stoesz</b>	<b>60.26</b>	<b>2008</b>
	Jessica Hudson	60.39	2006
<b>400M Hurdles</b>	Robyn Burkhardt	65.64	2002
	Tiffany Flint	68.08	2005
	Jessica Hudson	68.71	2006
	<b>Kelsey Barry</b>	<b>69.49</b>	<b>2008</b>
	Devone Mizak	72.96	2003
<b>800M</b>	<b>Melissa McKinley</b>	<b>02:21.00</b>	<b>2008</b>
	Sarah Cowhick	02:21.09	2002
	Leah Thompson	02:21.79	2005
	<b>Kelsey Barry</b>	<b>02:22.19</b>	<b>2008</b>
	Sara Stroud	02:22.58	2003

<b>1500m</b>	Ashley Birger	04:42.55	2006
	Maddi Bosen	04:43.94	2001
	Shannon Payne	04:44.14	2007
	Sarah Shepard	04:45.64	2005
	Tina Gray	04:46.32	2004
<b>1 Mile</b>	Maddi Bosen	05:06.12	2002
	Shannon Payne	05:07.56	2007
	Tina Gray	05:09.41	2005
	Sarah Shepard	05:14.88	2007
	Amanda Occhi	05:14.99	2002
<b>3000m</b>	Maddi Bosen	09:42.26	2001
	Shannon Payne	09:58.08	2007
	Amanda Occhi	10:09.44	2002
	Sarah Shepard	10:12.16	2005
	Deanna Kerl	10:21.79	1999
<b>3000m Steeplechase</b>	Sarah Gray*	10:40.37	2001
	Tina Gray	10:49.10	2004
	Sarah Shepard	10:55.67	2005
	Ashley Birger	11:02.19	2006
	Jenna Dorsey-Spitz	11:24.32	2007
	<b>* Short pit prior to 2004</b>		
<b>5000m</b>	Shannon Payne	17:11.28	2006
	Amanda Occhi	17:17.14	2002
	Maddi Bosen	17:29.49	2002
	Sarah Vigil	17:50.88	2003
	Megan Lund	18:02.04	2003
<b>10,000m</b>	Amanda Occhi	34:42.43	2002
	<b>Shannon Payne</b>	<b>35:45.50</b>	<b>2008</b>
	Maddi Bosen	36:06.85	2002
	Kelly Smith	36:11.35	2004
	Jennifer Ziemer	37:09.35	2000
<b>4 x 100m</b>	<b>Jennifer Hunt</b>	<b>51.13</b>	<b>2008</b>
	<b>Amanda Stoesz</b>		
	<b>Kelsey Barry</b>		
	<b>Josi Heer</b>		
<b>4 x 400m</b>	<b>Kirstin Knobbe</b>	<b>04:03.66</b>	<b>2008</b>
	<b>Amanda Stoesz</b>		

	<b>Kelsey Barry</b> <b>Melissa McKinley</b>		
<b>4 x 800m</b>	<b>Kaitlin Frier</b> <b>Tracy Falcetto</b> <b>Vivian Reed</b> <b>Paige Hall</b>	<b>10:18.48</b>	<b>2008</b>
<b>4 x mile</b>	None		
<b>SMR</b>	<b>Josi Heer</b> <b>Amanda Stoesz</b> <b>Kelsey Barry</b> <b>Melissa McKinley</b>	<b>04:22.37</b>	<b>2008</b>
<b>Heptathlon</b>	<b>Josi Heer</b>	<b>3775</b>	<b>2008</b>
<b>Shot Put</b>	Erica Russell <b>Jennifer Callan</b> Danielle Clasby Kimsey Cornelison Cori Brevor	11.33 <b>11.02</b> 9.18 9.00 9.00	2001 <b>2008</b> 2007 2000 2007
<b>Hammer</b>	None		
<b>Discuss</b>	Erica Russell <b>Jennifer Callan</b> Kimsey Cornelison	36.81 <b>30.14</b> 26.77	2001 <b>2008</b> 2001
<b>Javelin</b>	Cori Brevor <b>Josi Heer</b> <b>Jennifer Callan</b> Jessica Axen	28.39 <b>23.93</b> <b>22.75</b> 15.57	2007 <b>2008</b> <b>2008</b> 2003

<b>Long Jump</b>	<b>Allison Wood</b>	<b>5.00</b>	<b>2002</b>
	Josi Heer	5.00	2008
	Cherdaria Mack	4.86	2005
	Offune Edozium	4.76	2003
	Lorraine Morales	4.63	2000
<b>Triple Jump</b>	Cheutney Ellerton	10.33	2006
	Allison Wood	10.19	2002
	<b>Josi Heer</b>	<b>10.13</b>	<b>2008</b>
<b>High Jump</b>	Robyn Burkhardt	1.60	2002
	Kendra Miller	1.55	2001
	Heidi Fehringer	1.50	2007
	<b>Josi Heer</b>	<b>1.49</b>	<b>2008</b>
	Cori Brevor	1.45	2007
<b>Pole Vault</b>	Lindsay Dallison	2.44	2002

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<b>EVENT</b>	<b>NAME</b>	<b>TIME</b>	<b>DATE ACHIEVED</b>
<b>100M</b>	Kyle Reid	11.10	2004
	Carl Lum	11.35	2007
	Blake Leonard	11.45	2003
	Mike Kelly	11.46	2001
	<b>Jason Shaver</b>	<b>11.47</b>	<b>2008</b>
<b>110 HH</b>	<b>Carl Lum</b>	21.13	<b>2008</b>
<b>200M</b>	<b>Jason Shaver</b>	<b>22.53</b>	<b>2008</b>
	Carl Lum	22.62	2007
	Mark Brehm	22.69	2005
	<b>William Pendarvis</b>	<b>22.93</b>	<b>2008</b>
	Blake Leonard	23.05	2003

<b>400M</b>	<b>William Pendarvis</b>	<b>50.09</b>	<b>2008</b>
	<b>Almir Hodzic</b>	<b>50.25</b>	<b>2008</b>
	Alex Vazquez	50.28	2007
	Dan Strishock	50.96	2005
	David Harmer	51.14	2006
<b>400M Hurdles</b>	<b>Alex Tiernan</b>	<b>58.54</b>	<b>2008</b>
	Ian Melcher	59.23	2002
	Steve Prefors	59.91	2005
	Tori Passalaqua	65.29	2007
<b>800M</b>	Moses Tum	01:50.68	2005
	David Harmer	01:52.50	2006
	<b>Alex Vazquez</b>	<b>01:53.05</b>	<b>2008</b>
	Paul Mann	01:54.46	2003
	<b>Chris Reynolds</b>	<b>01:54.67</b>	<b>2008</b>
<b>1500m</b>	Moses Tum	03:46.30	2005
	Paul Mann	03:52.36	2002
	David Harmer	03:55.40	2006
	Trent Briney	03:57.25	2001
	Aaron Rubalcaba-Lopez	03:59.13	2006
<b>1 Mile</b>	None		
<b>3000m</b>	Aaron Rubalcaba-Lopez	08:39.28	2006
	Jay Luna	08:54.07	2006
	David Harmer	08:58.05	2006
	Ryan Price	09:03.10	2006
	Kyle Reno	09:05.98	2006
<b>3000m Steeplechase</b>	Brad Winn	09:15.39	2006
	Adam Greene	09:31.28	2002
	Adolfo Carrillo	09:33.95	2002
	Paul Mann	09:34.88	2004
	Nate Kemp	09:36.80	1998

<b>5000m</b>	Trent Briney	14:29.67	2001
	Levi Brathall	14:39.53	2004
	Moses Tum	14:45.59	2004
	Aaron Rubalcaba-Lopez	14:54.94	2005
	Adolfo Carrillo	15:09.67	2002
<b>10,000m</b>	Trent Briney	29:12.75	2001
	Levi Brathall	29:50.24	2004
	Adolfo Carrillo	30:39.45	2002
	Aaron Rubalcaba-Lopez	31:20.48	2005
	Ryan Price	31:29.67	2006
<b>4 x 100m</b>	<b>William Pendarvis</b>	<b>43.54</b>	<b>2008</b>
	<b>Carl Lum</b>		
	<b>Jason Shaver</b>		
	<b>Almir Hodzic</b>		
<b>4 x 400m</b>	<b>William Pendarvis</b>	<b>03:20.22</b>	<b>2008</b>
	<b>Alex Vazquez</b>		
	<b>Jason Shaver</b>		
	<b>Almir Hodzic</b>		
<b>4 x 800m</b>	None		
<b>4 x mile</b>	<b>Dan Pinter</b>	<b>17:59.13</b>	<b>2008</b>
	<b>Branson Bartlett</b>		
	<b>Chris Reynolds</b>		
	<b>Alex Tiernan</b>		
<b>SMR</b>	<b>William Pendarvis</b>	<b>03:36.92</b>	<b>2008</b>
	<b>Alex Vazquez</b>		
	<b>Jason Shaver</b>		
	<b>Almir Hodzic</b>		
<b>Decathlon</b>	<b>Carl Lum</b>	<b>4561</b>	<b>2008</b>
<b>Shot Put</b>	Craig Galaydick	12.31	2002
	<b>Blake Hansen</b>	<b>11.2</b>	<b>2008</b>
	Adam Felkey	10.97	2001
	Preston Williams	10.93	2007
	<b>Carl Lum</b>	<b>9.49</b>	<b>2008</b>

<b>Hammer</b>	None		
<b>Discuss</b>	Craig Galaydick	50.43	2005
	Adam Felkey	36.31	2001
	<b>Preston Williams</b>	<b>36.30</b>	<b>2008</b>
	<b>Blake Hansen</b>	<b>25.66</b>	<b>2008</b>
	<b>Carl Lum</b>	<b>22.16</b>	<b>2008</b>
<b>Javelin</b>	<b>Trevor Nau</b>	<b>51.26</b>	<b>2008</b>
	Mark Brehm	43.02	2006
	Ian Melcher	42.29	2003
	Tori Passalaqua	41.70	2007
	<b>Preston Williams</b>	<b>41.64</b>	<b>2008</b>
<b>Long Jump</b>	Grant Vaskey	6.64	2003
	Chad Lenz	6.05	2006
	<b>Carl Lum</b>	<b>5.83</b>	<b>2008</b>
	Colton Davis	5.67	2003
	Ian Melcher	4.76	2003
<b>Triple Jump</b>	Chad Lenz	12.47	2006
	Colton Davis	12.26	2003
<b>High Jump</b>	Storm Allen	2.07	2007
	Michael Kelly	1.78	2000
	Grant Vaskey	1.73	2003
	<b>Carl Lum</b>	<b>1.65</b>	<b>2008</b>
<b>Pole Vault</b>	Ian Melcher	3.81	2003
	<b>Carl Lum</b>	<b>2.95</b>	<b>2008</b>

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<b>60M</b>	Offune Edoziem	8.38	2003
	Tiffany Flint	8.4	2005
	<b>Jenny Hunt</b>	<b>8.44</b>	<b>2008</b>
	<b>Josi Heer</b>	<b>8.44</b>	<b>2008</b>
	Sarah Philips	8.44	2001
<b>60 HH</b>	Chelsey Peterson	9.57	2003
	Jess Axen	9.72	2003
	<b>Josi Heer</b>	<b>9.75</b>	<b>2008</b>
	Robyn Burkhardt	9.95	2002
	Kelsey Barry	10.07	2007
<b>200M</b>	Kaitlyn Marsolek	27.17	2005
	Rebecca Wein	27.39	2007
	<b>Jennifer Hunt</b>	<b>27.76</b>	<b>2008</b>
	Tiffany Flint	27.78	2005
	<b>Jessica Hudson</b>	<b>27.83</b>	<b>2008</b>
<b>400M</b>	<b>Jessica Hudson</b>	<b>59.7</b>	<b>2008</b>
	Tiffany Flint	60.56	2003
	Kaitlyn Marsolek	60.56	2005
	<b>Kelsey Barry</b>	<b>62.13</b>	<b>2008</b>
	<b>Amanda Stoesz</b>	<b>62.15</b>	<b>2008</b>
<b>600 yards</b>			
<b>600M</b>	<b>Melissa McKinley</b>	<b>01:44.5</b>	<b>2008</b>
	<b>Jessica Hudson</b>	<b>01:49.7</b>	<b>2008</b>
<b>800M</b>	Tina Gray	02:22.59	2005
	<b>Melissa McKinley</b>	<b>02:23.26</b>	<b>2008</b>
	Sarah Cowhick	02:24.14	2002
	Sarah Shepard	02:24.25	2005
	Jessica Hudson	02:24.75	2007
<b>1 MILE</b>	Maddi Bosen	05:04.30	2002
	Shannon Payne	05:10.51	2006
	Sarah Shepard	05:12.55	2007
	Tina Gray	05:12.98	2005
	Amanda Occhi	05:15.64	2002

<b>3000m</b>	Shannon Payne	10:02.95	2006
	Maddi Bosen	10:13.25	2001
	Sarah Shepard	10:13.91	2007
	Sarah Gray	10:21.03	2002
	Tina Gray	10:24.06	2004
<b>5000m</b>	Shannon Payne	17:00.68	2006
	Amanda Occhi	17:12.38	2002
	Sarah Shepard	17:13.36	2007
	Maddi Bosen	17:43.90	2002
	Tina Gray	17:45.83	2005
<b>4 x 400m</b>	<b>Jessica Hudson Amanda Stoesz Kelsey Barry Melissa McKinley</b>	<b>04:05.42</b>	<b>2008</b>
<b>DMR</b>	Sarah Shepard Tiffany Flint Ashley Birger Tina Gray	12:15.51	2005
<b>Pentathlon</b>	<b>Josi Heer</b>	<b>2872</b>	<b>2008</b>
	<b>Jenny Hunt</b>	<b>1667</b>	<b>2008</b>
<b>Shot Put</b>	Erica Russell	11.00m	2001
	<b>Jennifer Callan</b>	<b>10.45m</b>	<b>2008</b>
	Danielle Clasby	9.43m	2007
	Kimsey Cornelison	9.05m	2001
	<b>Josi Heer</b>	<b>8.40m</b>	<b>2008</b>
<b>Weight Throw</b>	<b>Jennifer Callan</b>	<b>10.86m</b>	<b>2008</b>
<b>Long Jump</b>	<b>Josi Heer</b>	<b>4.99m</b>	<b>2008</b>
	Cherdaria Mack	4.89m	2006
	Cheutney Ellerton	4.74m	2006
	Laura Howe	4.35m	2006
	Cori Brevor	4.30m	2006
<b>Triple Jump</b>	Danielle Clasby	9.94m	2007
	Cheutney Ellerton	9.66m	2006
<b>High Jump</b>	Heidi Fehringer	1.60m	2007
	Robyn Burkhardt	1.57m	2003

	Kendra Miller	1.57m	2001
	Cori Brevor	1.51m	2007
	Saskia Boogman	1.50m	2006
<b>Pole Vault</b>	Jessica Axen	2.61m	2003

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<b>60M</b>	<b>William Pendarvis</b>	<b>7.24</b>	<b>2008</b>
	Mark Brehm	7.34	2006
	<b>Carl Lum</b>	<b>7.37</b>	<b>2008</b>
	Almir Hodzic	7.4	2006
	Grant Vaskey	7.44	2003
<b>60 HH</b>	<b>Carl Lum</b>	<b>11.36</b>	<b>2008</b>
<b>200M</b>	Mark Brehm	23.17	2005
	<b>William Pendarvis</b>	<b>23.32</b>	<b>2008</b>
	<b>Jason Shaver</b>	<b>23.58</b>	<b>2008</b>
	Carl Lum	23.76	2007
	<b>Almir Hodzic</b>	<b>23.85</b>	<b>2008</b>
<b>400M</b>	<b>William Pendarvis</b>	<b>51.44</b>	<b>2008</b>
	Alex Vazquez	51.70	2007
	Mark Brehm	51.75	2006
	Dan Strishock	52.48	2005
	<b>Almir Hodzic</b>	<b>52.62</b>	<b>2008</b>

**600 yards**

**600M**

<b>800M</b>	Moses Tum	01:53.57	2003
	David Harmer	01:53.93	2007
	<b>Alex Vazquez</b>	<b>01:54.70</b>	<b>2008</b>
	Paul Mann	01:56.18	2003
	Jay Woodard	01:58.29	2001
<b>1 MILE</b>	Moses Tum	04:09.69	2004
	Aaron Rubalcaba-Lopez	04:19.18	2007
	Paul Mann	04:19.69	2003
	Greg Augspurger	04:20.31	2002
	Adolfo Carrillo	04:21.32	2002
<b>3000m</b>	Trent Briney	08:25.25	2001
	Moses Tum	08:27.50	2003
	Aaron Rubalcaba-Lopez	08:43.13	2007
	Levi Brathall	08:44.00	2004
	Brad Winn	08:48.46	2006
<b>5000m</b>	Trent Briney	14:24.80	2001
	Levi Brathall	14:37.88	2005
	Aaron Rubalcaba-Lopez	14:51.61	2007
	Adolfo Carrillo	14:54.64	2002
	Brad Winn	14:59.38	2006
<b>4 x 400m</b>	<b>William Pendarvis</b> <b>Alex Vazquez</b> <b>Jason Shaver</b> <b>Almir Hodzic</b>	<b>03:28.19</b>	<b>2008</b>
<b>DMR</b>	<b>Dan Pinter</b> <b>Will Pendarvis</b> <b>Alex Vazquez</b> <b>Alex Tiernan</b>	<b>10:25.21</b>	<b>2008</b>
<b>Heptathlon</b>	<b>Carl Lum</b>	<b>3411</b>	<b>2008</b>
<b>Shot Put</b>	Craig Galaydick	11.83m	2002
	<b>Trevor Nau</b>	<b>11.62m</b>	<b>2008</b>
	<b>Blake Hansen</b>	<b>11.04m</b>	<b>2008</b>

	<b>Preston Williams</b>	<b>9.78m</b>	<b>2008</b>
	<b>Carl Lum</b>	<b>8.92m</b>	<b>2008</b>
<b>Weight Throw</b>	<b>Trevor Nau</b>	11.20m	<b>2008</b>
	<b>Preston Williams</b>	10.02m	<b>2008</b>
<b>Long Jump</b>	Storm Allen	6.60m	2007
	Grant Vaskey	6.32m	2003
	Chad Lenz	5.69m	2006
	<b>Carl Lum</b>	<b>5.51m</b>	<b>2008</b>
	Tori Passalaqua	5.50m	2006
<b>Triple Jump</b>	Storm Allen	13.82m	2007
	Chad Lenz	12.45m	2006
	Colton Davis	12.02m	2003
<b>High Jump</b>	Storm Allen	2.04m	2007
	Michael Kelly	1.80m	2000
	<b>Carl Lum</b>	<b>1.66m</b>	<b>2008</b>
<b>Pole Vault</b>	Ian Melcher	4.01m	2003
	<b>Carl Lum</b>	<b>2.75m</b>	<b>2008</b>

**UCCS Track and Field All-RMAC, Academic All-RMAC, and NCAA II All-Americans  
(The track & field program was started in 1999)**

**All-RMAC**

**(Through 2005 All-RMAC was just the top three finishers at the RMAC Championships, and then in 2006 they changed to 1<sup>st</sup>-3<sup>rd</sup> for first team All-RMAC and 4<sup>th</sup>-6<sup>th</sup> for second team All-RMAC.)**

**1999**

Outdoor

Trent Briney 10,000m 3rd

**2000**

Outdoor

Trent Briney 5000m 3rd

**2001**

Indoor

Trent Briney 5000m 2<sup>nd</sup>

Outdoor

Sarah Gray 3000m steeplechase 2nd

**2002**

Outdoor

Maddi Bosen 5000m 3rd

Kelly Smith 10,000m 2<sup>nd</sup>

Robin Burkhart 400m Hurdles 3<sup>rd</sup>

Tina Gray 3000m steeplechase 2nd

**2003**

Indoor

Did not compete

Outdoor

Kelly Smith 10,000m 3rd

Tina Gray 3000m steeplechase 1st

**2004**

Indoor

Moses Tum Mile 1<sup>st</sup>

Outdoor

Moses Tum 800m 3<sup>rd</sup>

Brad Winn 3000m steeplechase 3rd

Tiffany Flint 400m 3<sup>rd</sup>

Kelly Smith 5000m 3<sup>rd</sup>

Tina Gray 3000m steeplechase 2nd

**2005**

Indoor

Shannon Payne 5000m 3<sup>rd</sup>

Outdoor

Shannon Payne 5000m 2<sup>nd</sup>

Sarah Shepard 3000m steeplechase 3<sup>rd</sup>

Moses Tum 800m 3<sup>rd</sup>

Aaron Rubacalba-Lopez 10,000m 3<sup>rd</sup>

Craig Galaydick Discus 2nd

**2006**

Indoor

David Harmer 800m 2<sup>nd</sup>

Shannon Payne 3000m 4<sup>th</sup>

Sarah Shepard 3000m 5th

Outdoor

Shannon Payne 3000m 3<sup>rd</sup>

Ashley Birger 3000m steeplechase 2<sup>nd</sup>

Ryan Price 10,000m 5<sup>th</sup>

Lisa Short

Megan Lund

Jenna Dorsey-Spitz

**2007**

Indoor

Sarah Shepard 3000m 2nd

David Harmer 800m 5<sup>th</sup>

Aaron Rubacalba-Lopez 5000m 5<sup>th</sup>

Storm Allen 5<sup>th</sup>

Outdoor

Jenna Dorsey-Spitz 3000m steeplechase 5<sup>th</sup>

Shannon Payne 5000m 1<sup>st</sup>

Shannon Payne 3000m 2<sup>nd</sup>

Jenna Dorsey-Spitz 1500m 4<sup>th</sup>

Kelsey Barry 400m 5<sup>th</sup>

Storm Allen High Jump 4th

**2008**

Indoor

Melissa McKinley 800m 5<sup>th</sup>

Shannon Payne 5000m 2<sup>nd</sup>

Shannon Payne 3000m 1<sup>st</sup>

Jessica Hudson 400m 3<sup>rd</sup>  
Josi Heer Pentathlon 3<sup>rd</sup>  
Alex Vazquez 800m 6th  
Carl Lum Heptathlon 6th

Outdoor

Kaitlin Frier 5000m 3<sup>rd</sup>

Trevor Nau Javelin 3<sup>rd</sup>  
Gabe Small 10,000m 5<sup>th</sup>  
Kelsey Barry 800m 6<sup>th</sup>  
Josi Heer Heptathlon 5<sup>th</sup>  
Josi Heer Triple Jump 6<sup>th</sup>  
Alex Tiernan 400m H 6<sup>th</sup>  
Shannon Payne 5000m 1<sup>st</sup>

**Academic All-RMAC**

**1999**

Deanna Kerl  
Jaimie Kulikowski  
Kelly Walker  
Nate Kemp

**2001**

Maddi Bosen  
Emily Cornforth  
Kendra Miller

**2002**

Amanda Occhi

**2003**

Indoor

Robyn Burkhardt  
Tiffany Flint  
Tina Gray  
Kelly Smith  
Nathan Edwards

Outdoor

Robyn Burkhardt  
Tiffany Flint  
Tina Gray  
Kelly Smith  
Chelsea Peterson  
Christi-Marie Butler  
Chelsey Cerillo  
Sara Stroud  
Nathan Edwards  
Lewis Hoffman

**2004**

Indoor

Ashley Birger  
Chelsey Cerrillo  
Tiffany Flint  
Tina Gray  
Megan Lund

Kari Samuelson  
Sarah Shepard  
Kelly Smith  
Matthew Chavez  
Brad Winn  
Brian Zakavec

Outdoor

Ashley Birger  
Chelsey Cerrillo  
Tiffany Flint  
Tina Gray  
Megan Lund  
Kari Samuelson  
Sarah Shepard  
Kelly Smith  
Matthew Chavez  
Brad Winn  
Brian Zakavec

**2005**

Indoor

Ashley Birger  
Chelsey Cerrillo  
Tiffany Flint  
Tina Gray  
Sheena Henderson  
Megan Lund  
Sarah Shepard  
Jessica Urban  
Matt Chavez  
Jay Luna  
Aaron Rubalcaba-Lopez  
John Tucker  
Brad Winn

Outdoor

Ashley Birger  
Chelsey Cerrillo  
Tiffany Flint  
Tina Gray

Sheena Henderson  
Megan Lund  
Sarah Shepard  
Jessica Urban  
Matt Chavez  
Jay Luna  
Aaron Rubalcaba-Lopez  
John Tucker  
Brad Winn

**2006**

Ashley Birger  
Megan Lund  
Sarah Shepard  
Whitney Lund  
Jay Luna  
Dan Pinter  
Ryan Price  
Kyle Reno  
Aaron Rubalcaba-Lopez  
Brad Winn

**2007**

Diane Aqra  
Kristen Anderson  
Leslie Bennett  
Ashley Birger  
Saskia Boogman

Cori Brever  
Jenna Dorsey-Spitz  
Jessica Hudson  
Sarah Shepard  
Lisa Short  
David Harmer  
Brendan Kullback  
Dan Pinter  
Aaron Rubalcaba-Lopez  
Alex Tiernan

**2008**

Indoor

Kelsey Barry (honorable mention)  
Christy Severy (honorable mention)  
Dan Pinter (second team)  
Alex Tiernan (second team)  
Joel Kienitz (honorable mention)

Outdoor

Kelsey Barry (second team)  
Kaitlin Frier (honorable mention)  
Christy Severy (honorable mention)  
Tracy Falsetto (honorable mention)  
Dan Pinter (second team)  
Alex Tiernan (honorable mention)  
Joek Kienitz (honorable mention)

**NCAA II All-Americans**  
**(Top eight finishers at the NCAA Championships make All-American)**

**2000**

Outdoor

Trent Briney 10,000m 4th

**2001**

Indoor

Trent Briney 5000m 4th

Outdoor

Trent Briney 10,000m 2nd

**2002**

Indoor

Amanda Occhi 5000m 6th

Outdoor

Maddi Bosen 5000m 8th

**2004**

Outdoor

Tina Gray 3000m steeplechase 6<sup>th</sup>

Moses Tum 800m 6th

**2005**

Outdoor

Moses Tum 800m 6<sup>th</sup>

Moses Tum 1500m 1<sup>st</sup>

Shannon Payne 10,000m 8<sup>th</sup>

Sarah Shepard steeplechase 7th

**2006**

Outdoor

Ashley Birger 3000m steeplechase 6th

**2007**

Indoor

Sarah Shepard 5000m 8<sup>th</sup>

Outdoor

Shannon Payne 3000m 7th

**2008**

Outdoor

10,000m Shannon Payne 4th