

UCCS WOMEN'S OUTDOOR TRACK AND FIELD RECORDS AND TOP 5 LISTS

The Track & Field Program was started in 1999

All Records are converted to sea level

EVENT	NAME	TIME	DATE ACHIEVED
100M	Cheutney Ellerton	12.87	2006
	Sarah Philips	13.08	2001
	Cherdaria Mack	13.33	2005
	Whitney Knobbe	13.38	2007
	Chelsey Peterson	13.56	2002
100HH	Chelsey Peterson	15.67	2002
	Robyn Burkhardt	15.76	2002
	Jessica Axen	16.13	2003
	Josi Heer	16.69	2008
	Devone Mizak	17.78	2002
200M	Cherdaria Mack	26.11	2006
	Kaitlyn Marsolek	26.27	2005
	Tiffany Flint	26.61	2004
	Kelsey Barry	26.82	2007
	Rebecca Wein	26.92	2007
400M	Tiffany Flint	59.13	2003
	Kaitlyn Marsolek	59.78	2005
	Kelsey Barry	60.10	2007
	Amanda Stoesz	60.26	2008
	Jessica Hudson	60.39	2006
400M Hurdles	Robyn Burkhardt	65.64	2002
	Tiffany Flint	68.08	2005
	Jessica Hudson	68.71	2006
	Kelsey Barry	69.49	2008
	Devone Mizak	72.96	2003
800M	Melissa McKinley	02:21.00	2008
	Sarah Cowhick	02:21.09	2002
	Leah Thompson	02:21.79	2005
	Kelsey Barry	02:22.19	2008
	Sara Stroud	02:22.58	2003

1500m	Ashley Birger	04:42.55	2006
	Maddi Bosen	04:43.94	2001
	Shannon Payne	04:44.14	2007
	Sarah Shepard	04:45.64	2005
	Tina Gray	04:46.32	2004
1 Mile	Maddi Bosen	05:06.12	2002
	Shannon Payne	05:07.56	2007
	Tina Gray	05:09.41	2005
	Sarah Shepard	05:14.88	2007
	Amanda Occhi	05:14.99	2002
3000m	Maddi Bosen	09:42.26	2001
	Shannon Payne	09:58.08	2007
	Amanda Occhi	10:09.44	2002
	Sarah Shepard	10:12.16	2005
	Deanna Kerl	10:21.79	1999
3000m Steeplechase	Sarah Gray*	10:40.37	2001
	Tina Gray	10:49.10	2004
	Sarah Shepard	10:55.67	2005
	Ashley Birger	11:02.19	2006
	Jenna Dorsey-Spitz	11:24.32	2007
	* Short pit prior to 2004		
5000m	Shannon Payne	17:11.28	2006
	Amanda Occhi	17:17.14	2002
	Maddi Bosen	17:29.49	2002
	Sarah Vigil	17:50.88	2003
	Megan Lund	18:02.04	2003
10,000m	Amanda Occhi	34:42.43	2002
	Shannon Payne	35:45.50	2008
	Maddi Bosen	36:06.85	2002
	Kelly Smith	36:11.35	2004
	Jennifer Ziemer	37:09.35	2000
4 x 100m	Jennifer Hunt	51.13	2008
	Amanda Stoesz		
	Kelsey Barry		
	Josi Heer		
4 x 400m	Kirstin Knobbe	04:03.66	2008
	Amanda Stoesz		

	Kelsey Barry Melissa McKinley		
4 x 800m	Kaitlin Frier Tracy Falcetto Vivian Reed Paige Hall	10:18.48	2008
4 x mile	None		
SMR	Josi Heer Amanda Stoesz Kelsey Barry Melissa McKinley	04:22.37	2008
Heptathlon	Josi Heer	3775	2008
Shot Put	Erica Russell	11.33	2001
	Jennifer Callan	11.02	2008
	Danielle Clasby	9.18	2007
	Kimsey Cornelison	9.00	2000
	Cori Brevor	9.00	2007
Hammer	None		
Discuss	Erica Russell	36.81	2001
	Jennifer Callan	30.14	2008
	Kimsey Cornelison	26.77	2001
Javelin	Cori Brevor	28.39	2007
	Josi Heer	23.93	2008
	Jennifer Callan	22.75	2008
	Jessica Axen	15.57	2003

Long Jump	Allison Wood	5.00	2002
	Josi Heer	5.00	2008
	Cherdaria Mack	4.86	2005
	Offune Edozium	4.76	2003
	Larraine Morales	4.63	2000
Triple Jump	Cheutney Ellerton	10.33	2006
	Allison Wood	10.19	2002
	Josi Heer	10.13	2008
High Jump	Robyn Burkhardt	1.60	2002
	Kendra Miller	1.55	2001
	Heidi Fehringer	1.50	2007
	Josi Heer	1.49	2008
	Cori Brevor	1.45	2007
Pole Vault	Lindsay Dallison	2.44	2002

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EVENT	NAME	TIME	DATE ACHIEVED
100M	Kyle Reid	11.10	2004
	Carl Lum	11.35	2007
	Blake Leonard	11.45	2003
	Mike Kelly	11.46	2001
	Jason Shaver	11.47	2008
110 HH	Carl Lum	21.13	2008
200M	Jason Shaver	22.53	2008
	Carl Lum	22.62	2007
	Mark Brehm	22.69	2005
	William Pendarvis	22.93	2008
	Blake Leonard	23.05	2003

400M	William Pendarvis	50.09	2008
	Almir Hodzic	50.25	2008
	Alex Vazquez	50.28	2007
	Dan Strishock	50.96	2005
	David Harmer	51.14	2006
400M Hurdles	Alex Tiernan	58.54	2008
	Ian Melcher	59.23	2002
	Steve Prefors	59.91	2005
	Tori Passalaqua	65.29	2007
800M	Moses Tum	01:50.68	2005
	David Harmer	01:52.50	2006
	Alex Vazquez	01:53.05	2008
	Paul Mann	01:54.46	2003
	Chris Reynolds	01:54.67	2008
1500m	Moses Tum	03:46.30	2005
	Paul Mann	03:52.36	2002
	David Harmer	03:55.40	2006
	Trent Briney	03:57.25	2001
	Aaron Rubalcaba-Lopez	03:59.13	2006
1 Mile	None		
3000m	Aaron Rubalcaba-Lopez	08:39.28	2006
	Jay Luna	08:54.07	2006
	David Harmer	08:58.05	2006
	Ryan Price	09:03.10	2006
	Kyle Reno	09:05.98	2006
3000m Steeplechase	Brad Winn	09:15.39	2006
	Adam Greene	09:31.28	2002
	Adolfo Carrillo	09:33.95	2002
	Paul Mann	09:34.88	2004
	Nate Kemp	09:36.80	1998

5000m	Trent Briney	14:29.67	2001
	Levi Brathall	14:39.53	2004
	Moses Tum	14:45.59	2004
	Aaron Rubalcaba-Lopez	14:54.94	2005
	Adolfo Carrillo	15:09.67	2002
10,000m	Trent Briney	29:12.75	2001
	Levi Brathall	29:50.24	2004
	Adolfo Carrillo	30:39.45	2002
	Aaron Rubalcaba-Lopez	31:20.48	2005
	Ryan Price	31:29.67	2006
4 x 100m	William Pendarvis	43.54	2008
	Carl Lum		
	Jason Shaver		
	Almir Hodzic		
4 x 400m	William Pendarvis	03:20.22	2008
	Alex Vazquez		
	Jason Shaver		
	Almir Hodzic		
4 x 800m	None		
4 x mile	Dan Pinter	17:59.13	2008
	Branson Bartlett		
	Chris Reynolds		
	Alex Tiernan		
SMR	William Pendarvis	03:36.92	2008
	Alex Vazquez		
	Jason Shaver		
	Almir Hodzic		
Decathlon	Carl Lum	4561	2008
Shot Put	Craig Galaydick	12.31	2002
	Blake Hansen	11.2	2008
	Adam Felkey	10.97	2001
	Preston Williams	10.93	2007
	Carl Lum	9.49	2008

Hammer	None		
Discuss	Craig Galaydick	50.43	2005
	Adam Felkey	36.31	2001
	Preston Williams	36.30	2008
	Blake Hansen	25.66	2008
	Carl Lum	22.16	2008
Javelin	Trevor Nau	51.26	2008
	Mark Brehm	43.02	2006
	Ian Melcher	42.29	2003
	Tori Passalaqua	41.70	2007
	Preston Williams	41.64	2008
Long Jump	Grant Vaskey	6.64	2003
	Chad Lenz	6.05	2006
	Carl Lum	5.83	2008
	Colton Davis	5.67	2003
	Ian Melcher	4.76	2003
Triple Jump	Chad Lenz	12.47	2006
	Colton Davis	12.26	2003
High Jump	Storm Allen	2.07	2007
	Michael Kelly	1.78	2000
	Grant Vaskey	1.73	2003
	Carl Lum	1.65	2008
Pole Vault	Ian Melcher	3.81	2003
	Carl Lum	2.95	2008

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EVENT	NAME	TIME	DATE ACHIEVED
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60M	Ailena McDonald	8.38	2009
	Offune Edoziem	8.38	2003
	Tiffany Flint	8.4	2005
	Jenny Hunt	8.44	2008
	Josi Heer	8.44	2008

60 HH	Chelsey Peterson	9.57	2003
	Jess Axen	9.72	2003
	Josi Heer	9.75	2008
	Robyn Burkhardt	9.95	2002
	Kelsey Barry	10.07	2007

200M	Kaitlyn Marsolek	27.17	2005
	Rebecca Wein	27.39	2007
	Jennifer Hunt	27.76	2008
	Tiffany Flint	27.78	2005
	Jessica Hudson	27.83	2008

300M	Jenny Hunt	43.98	2009
	Dawn Eckert	44.33	2009
	Joni Raile	44.45	2009
	Jessica Luna	45.99	2009

400M	Jessica Hudson	59.7	2008
	Tiffany Flint	60.56	2003
	Kaitlyn Marsolek	60.56	2005
	Kelsey Barry	62.13	2008
	Amanda Stoesz	62.15	2008

600 yards

600M	Kylie Honingford	01:41.88	2009
	Tracy Falcetto	01:43.66	2009
	Melissa McKinley	01:44.01	2008
	Jessica Hudson	01:49.21	2008

800M	Tina Gray	02:22.59	2005
	Melissa McKinley	02:23.26	2008
	Sarah Cowhick	02:24.14	2002
	Sarah Shepard	02:24.25	2005
	Jessica Hudson	02:24.75	2007
1000m	Kelsey Barry	03:10.33	2009
	Lauren Bowers	03:13.72	2009
1500m	Kaitin Frier	05:01.29	2009
1 MILE	Maddi Bosen	05:04.30	2002
	Shannon Payne	05:10.51	2006
	Sarah Shepard	05:12.55	2007
	Tina Gray	05:12.98	2005
	Amanda Occhi	05:15.64	2002
3000m	Shannon Payne	10:02.95	2006
	Maddi Bosen	10:13.25	2001
	Sarah Shepard	10:13.91	2007
	Sarah Gray	10:21.03	2002
	Tina Gray	10:24.06	2004
5000m	Shannon Payne	17:00.68	2006
	Amanda Occhi	17:12.38	2002
	Sarah Shepard	17:13.36	2007
	Maddi Bosen	17:43.90	2002
	Tina Gray	17:45.83	2005
4 x 200m	Jenny Hunt Dawn Eckert Joni Raile Jessica Luna	01:51.76	2009
4 x 400m	Jessica Hudson	04:05.42	2008

**Amanda Stoesz
Kelsey Barry
Melissa McKinley**

DMR	Sarah Shepard Tiffany Flint Ashley Birger Tina Gray	12:15.51	2005
Pentathlon	Josi Heer	2872	2008
	Jenny Hunt	1667	2008
Shot Put	Erica Russell	11.00m	2001
	Jennifer Callan	10.45m	2008
	Danielle Clasby	9.43m	2007
	Kimsey Cornelison	9.05m	2001
	Josi Heer	8.40m	2008
Weight Throw	Jennifer Callan	12.16m	2009
Long Jump	Josi Heer	4.99m	2008
	Cherdaria Mack	4.89m	2006
	Cheutney Ellerton	4.74m	2006
	Laura Howe	4.35m	2006
	Cori Brevor	4.30m	2006
Triple Jump	Danielle Clasby	9.94m	2007
	Cheutney Ellerton	9.66m	2006
High Jump	Heidi Fehringer	1.60m	2007
	Robyn Burkhardt	1.57m	2003
	Kendra Miller	1.57m	2001
	Cori Brevor	1.51m	2007
	Saskia Boogman	1.50m	2006
Pole Vault	Jessica Axen	2.61m	2003

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EVENT	NAME	TIME	DATE ACHIEVED
60M	David Mueller	7.11	2009
	William Pendarvis	7.24	2008
	Mark Brehm	7.34	2006
	Carl Lum	7.37	2008/2009
	Almir Hodzic	7.4	2006
60 HH	Brian Hopkins	8.92	2009
	Kevin Wood	9.11	2009
	Carl Lum	11.36	2008
200M	Mark Brehm	23.17	2005
	William Pendarvis	23.32	2008
	Jason Shaver	23.58	2008
	Carl Lum	23.76	2007
	Almir Hodzic	23.85	2008
300M	Will Pendarvis	36.89	2009
	David Mueller	37.6	2009
	Jason Shaver	38.4	2009
	Kevin Wood	39.39	2009
400M	William Pendarvis	51.44	2008
	Alex Vazquez	51.70	2007
	Mark Brehm	51.75	2006
	Dan Strishock	52.48	2005
	Almir Hodzic	52.62	2008
600 yards			
600M	Eddie Sabbitino	01:32.03	2009

800M	Moses Tum	01:53.57	2003
	David Harmer	01:53.93	2007
	Alex Vazquez	01:54.70	2008
	Paul Mann	01:56.18	2003
	Jay Woodard	01:58.29	2001
1000m	Alex Vazquez	02:34.27	2009
	Chris Reynolds	02:37.47	2009
	Anthony Davis	02:46.50	2009
1500m	Dan Pinter	04:01.6	2009
1 MILE	Moses Tum	04:09.69	2004
	Aaron Rubalcaba-Lopez	04:19.18	2007
	Paul Mann	04:19.69	2003
	Greg Augspurger	04:20.31	2002
	Adolfo Carrillo	04:21.32	2002
3000m	Trent Briney	08:25.25	2001
	Moses Tum	08:27.50	2003
	Aaron Rubalcaba-Lopez	08:43.13	2007
	Levi Brathall	08:44.00	2004
	Brad Winn	08:48.46	2006
5000m	Trent Briney	14:24.80	2001
	Levi Brathall	14:37.88	2005
	Aaron Rubalcaba-Lopez	14:51.61	2007
	Adolfo Carrillo	14:54.64	2002
	Brad Winn	14:59.38	2006

4 x 200m	Will Pendarvis David Mueller Jason Shaver Brian Hopkins	01:34.47	2009
4 x 400m	William Pendarvis Alex Vazquez Jason Shaver Almir Hodzic	03:28.19	2008
DMR	Dan Pinter Will Pendarvis Alex Vazquez Alex Tiernan	10:25.21	2008
Heptathlon	Carl Lum	3411	2008
Shot Put	Craig Galaydick	11.83m	2002
	Trevor Nau	11.62m	2008
	Preston Williams	11.09m	2009
	Blake Hansen	11.04m	2008
	Carl Lum	8.92m	2008
Weight Throw	Trevor Nau	11.20m	2008
	Preston Williams	10.60m	2009
Long Jump	Rick Rimbart	6.63m	2009
	Storm Allen	6.60m	2007
	Brian Hopkins	6.51m	2009
	Steven Gomez	6.33m	2009
	Grant Vaskey	6.32m	2003
Triple Jump	Storm Allen	13.82m	2007
	Rick Rimbart	12.98m	2009
	Brian Hopkins	12.95m	2009
	Chad Lenz	12.45m	2006
	Colton Davis	12.02m	2003
High Jump	Storm Allen	2.04m	2007
	Steven Gomez	1.90m	2009
	Michael Kelly	1.80m	2000
	Carl Lum	1.66m	2008

Pole Vault

Ian Melcher

4.01m

2003

Carl Lum

2.75m

2008

**UCCS Track and Field All-RMAC, Academic All-RMAC, and NCAA II All-Americans
(The track & field program was started in 1999)**

All-RMAC

(Through 2005 All-RMAC was just the top three finishers at the RMAC Championships, and then in 2006 they changed to 1st-3rd for first team All-RMAC and 4th-6th for second team All-RMAC.)

1999Outdoor

Trent Briney 10,000m 3rd

2000Outdoor

Trent Briney 5000m 3rd

2001IndoorTrent Briney 5000m 2ndOutdoor

Sarah Gray 3000m steeplechase 2nd

2002Outdoor

Maddi Bosen 5000m 3rd

Kelly Smith 10,000m 2ndRobin Burkhart 400m Hurdles 3rd

Tina Gray 3000m steeplechase 2nd

2003Indoor

Did not compete

Outdoor

Kelly Smith 10,000m 3rd

Tina Gray 3000m steeplechase 1st

2004IndoorMoses Tum Mile 1stOutdoorMoses Tum 800m 3rd

Brad Winn 3000m steeplechase 3rd

Tiffany Flint 400m 3rdKelly Smith 5000m 3rd

Tina Gray 3000m steeplechase 2nd

2005IndoorShannon Payne 5000m 3rdOutdoorShannon Payne 5000m 2ndSarah Shepard 3000m steeplechase 3rdMoses Tum 800m 3rdAaron Rubacalba-Lopez 10,000m 3rd

Craig Galaydick Discus 2nd

2006IndoorDavid Harmer 800m 2ndShannon Payne 3000m 4th

Sarah Shepard 3000m 5th

OutdoorShannon Payne 3000m 3rdAshley Birger 3000m steeplechase 2ndRyan Price 10,000m 5th

Lisa Short

Megan Lund

Jenna Dorsey-Spitz

2007Indoor

Sarah Shepard 3000m 2nd

David Harmer 800m 5th
Aaron Rubacalba-Lopez 5000m 5th
Storm Allen 5th

Outdoor

Jenna Dorsey-Spitz 3000m steeplechase 5th
Shannon Payne 5000m 1st
Shannon Payne 3000m 2nd
Jenna Dorsey-Spitz 1500m 4th
Kelsey Barry 400m 5th
Storm Allen High Jump 4th

2008

Indoor

Melissa McKinley 800m 5th

Shannon Payne 5000m 2nd
Shannon Payne 3000m 1st
Jessica Hudson 400m 3rd
Josi Heer Pentathlon 3rd
Alex Vazquez 800m 6th
Carl Lum Heptathlon 6th

Outdoor

Kaitlin Frier 5000m 3rd
Trevor Nau Javelin 3rd
Gabe Small 10,000m 5th
Kelsey Barry 800m 6th
Josi Heer Heptathlon 5th
Josi Heer Triple Jump 6th
Alex Tiernan 400m H 6th
Shannon Payne 5000m 1st

Academic All-RMAC

1999

Deanna Kerl
Jaimie Kulikowski
Kelly Walker
Nate Kemp

2001

Maddi Bosen
Emily Cornforth
Kendra Miller

2002

Amanda Occhi

2003

Indoor

Robyn Burkhardt
Tiffany Flint
Tina Gray
Kelly Smith
Nathan Edwards

Outdoor

Robyn Burkhardt
Tiffany Flint
Tina Gray
Kelly Smith
Chelsea Peterson
Christi-Marie Butler
Chelsey Cerillo
Sara Stroud
Nathan Edwards

Lewis Hoffman

2004

Indoor

Ashley Birger
Chelsey Cerrillo
Tiffany Flint
Tina Gray
Megan Lund
Kari Samuelson
Sarah Shepard
Kelly Smith
Matthew Chavez
Brad Winn
Brian Zakavec

Outdoor

Ashley Birger
Chelsey Cerrillo
Tiffany Flint
Tina Gray
Megan Lund
Kari Samuelson
Sarah Shepard
Kelly Smith
Matthew Chavez
Brad Winn
Brian Zakavec

2005

Indoor

Ashley Birger

Chelsey Cerrillo
Tiffany Flint
Tina Gray
Sheena Henderson
Megan Lund
Sarah Shepard
Jessica Urban
Matt Chavez
Jay Luna
Aaron Rubalcaba-Lopez
John Tucker
Brad Winn

Outdoor

Ashley Birger
Chelsey Cerrillo
Tiffany Flint
Tina Gray
Sheena Henderson
Megan Lund
Sarah Shepard
Jessica Urban
Matt Chavez
Jay Luna
Aaron Rubalcaba-Lopez
John Tucker
Brad Winn

2006

Ashley Birger
Megan Lund
Sarah Shepard
Whitney Lund
Jay Luna
Dan Pinter
Ryan Price
Kyle Reno

Aaron Rubalcaba-Lopez
Brad Winn

2007

Diane Agra
Kristen Anderson
Leslie Bennett
Ashley Birger
Saskia Boogman
Cori Brever
Jenna Dorsey-Spitz
Jessica Hudson
Sarah Shepard
Lisa Short
David Harmer
Brendan Kullback
Dan Pinter
Aaron Rubalcaba-Lopez
Alex Tiernan

2008

Indoor

Kelsey Barry (honorable mention)
Christy Severy (honorable mention)
Dan Pinter (second team)
Alex Tiernan (second team)
Joel Kienitz (honorable mention)

Outdoor

Kelsey Barry (second team)
Kaitlin Frier (honorable mention)
Christy Severy (honorable mention)
Tracy Falsetto (honorable mention)
Dan Pinter (second team)
Alex Tiernan (honorable mention)
Joek Kienitz (honorable mention)

NCAA II All-Americans
(Top eight finishers at the NCAA Championships make All-American)

2000

Outdoor

Trent Briney 10,000m 4th

2001

Indoor

Trent Briney 5000m 4th

Outdoor

Trent Briney 10,000m 2nd

2002

Indoor

Amanda Occhi 5000m 6th

Outdoor

Maddi Bosen 5000m 8th

2004

Outdoor

Tina Gray 3000m steeplechase 6th

Moses Tum 800m 6th

2005

Outdoor

Moses Tum 800m 6th

Moses Tum 1500m 1st

Shannon Payne 10,000m 8th

Sarah Shepard steeplechase 7th

2006

Outdoor

Ashley Birger 3000m steeplechase 6th

2007

Indoor

Sarah Shepard 5000m 8th

Outdoor

Shannon Payne 3000m 7th

2008

Outdoor

10,000m Shannon Payne 4th